

MAKING LIFE BETTER ONE SESSION AT A TIME!

QUICK FACTS



MISSION

Our goal is to normalize the counseling experience for all people by providing a non-judgmental therapeutic relationship that empowers individuals, couples, families, and groups to rise up to resiliency.

Services We Offer:



Individual Counseling 👬 (Adults, Teens & Kids)
Play Therapy 🥶 Couples & Family Counseling 💞
Group Therapy 🤝 Self-Care & Wellness Services 🎉

Our Approach



We approach clients from a holistic perspective.
Our counseling is person-centered, meaning no session looks the same for any of our clients.





Clinically Licensed Professional Counselors (CLPC)
Licensed Professional Counselors (LPC)
Master Level Counselors, and Interns



How to Schedule an Appointment?

Book online at riseupesiliencycenter.com ___ Call 11 AM - 2 PM for a consultation ****



Clients will be welcomed into a warm and non-judgmental atmosphere. During the first session, we will review policies and procedures, make brief introductions, and create a comfortable environment to help clients get to know their therapist and the core values of the Rise Up Resiliency Center.



What are the Payment Options?

Cash 💵

Credit/Debit == HSA/FSA

♠ PayPal & Cash App ♦ Insurance accepted

Accepted Insurance (Kansas Medicaid: Aetna, Sunflower, United Healthcare & Ambetter)



Rates

Individual: \$130/session Couples/Family: \$150/session

Intake: \$150/session

Group Rates: \$35 to \$45 per group session



What is the Cancellation Policy?

24-hour notice required (**)
Late cancellations = Full session fee charged **

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What to Do in an Emergency?

Call 911 🚓

Text/Call 988 (Suicide & Crisis Lifeline)

Johnson County Mental Health Crisis Line (RURC does not offer 24-hour services)



MAIN OFFICE: RURC is located at 601 North Mur-Len Road, Suite 12A, in Olathe, Kansas, 66062.

VIRTUAL -Also Telehealth (virtual) services available.



Office Hours

Monday to Friday: 9 AM - 8 PM 🕒 Saturday: 8 AM - 1 PM 🕑

Closed on Sundays 🚪